# Proverbs - Week 7 - Emotional Wisdom

**Scripture: Proverbs 15:30**

**Questions**

1. Is there anything Pastor Shaen shared that really hit you or has stuck with you?
2. Have you had a season when you felt like an emotional jungle or a lush garden of emotions?
3. Wisdom orients our fear. How can fear (people pleasing) overtake our life and hinder our witness to others?
4. What are other fears that may hinder us from walking the path God has set before us?
5. What are some practical steps to overcome our fears?
6. Wisdom restrains our anger. How can we navigate the information, anger and opinions that are expressed daily in our walk with Godly wisdom?
7. Wisdom Overrides our jealousy. Read Proverbs 14:30. What are some examples of jealousy being aroused over something good?
8. How can we combat jealousy and rejoice with others?
9. Which emotion (fear, anger, jealousy) is the most challenging for you?
10. Wisdom rejoices in the Gospel. Read Proverbs 15:30 again. How does emotional wisdom give you peace and also show in your day-to-day life?
11. End in prayer asking God to help us run to the cross with our emotions so we may reflect Him more effectively.