

# Rise Up

## Big Idea

**When the day of trial comes, don't give up – Rise up! It can become a day of triumph! .**

Scripture: Psalm 20

## Discussion Questions

What has challenged you, changed you or confused you from this week's sermon?

Read Psalm 20:1-3 What might "a day of trouble" have looked like for David? What does it look like for you?

Read Psalm 20:4-6 What did "a day of triumph" look like? What would it look like for you?

Read Psalm 20:7-9 What did "a day of trust" look like? What would it look like for you?

Verse 7 mentions some things a King like David may have been prone to trust. Why those things? What (*apart from God*) might you be lured to trust in?

Verse 8 contrasts the outcome of those who trust other things with the outcome of those who trust in God. Do you think that contrast is still accurate today? Why or why not?

In what area of your life is God urging you to take a stand this week?