Reflecting Jesus - Kindness

Scripture:

Matthew 9:18-26

Also

Ephesians 2:7-8, 4:32

Discussion Questions

What has challenged you, changed you or confused you from this week's sermon or the Scripture passages?

1. **Can you describe a time in your life when someone showed you kindness?**
    - **What made it feel that way?**
    - **What impact did it have on you?**

2. In the sermon, several ways were listed to help us practice kindness:
    - Treat others the way you want to be treated.
    - Practice random acts of kindness, expecting nothing in return.
    - Be accessible like Jesus â€“ you just never know.
    - Remember your words and deeds have great power.
    - Look for the good in people and build the bridge with kindness.
    - Be empathetic.
    - Find opportunities to add value to others.
    - Be the first person to say hello.
    - **Which of these ways do you think our world needs to see kindness expressed, and why? Are there other avenues of expressing kindness that you would add?**
    - **Have you seen someone who's really good at living in a kind way? What did it look like? How were people impacted by them?**

3. **Is it easier to be kind to strangers or people you're close to? Why?**
    - Read Romans 2:4, and perhaps some of the surrounding verses. **If someone sins against you, do you show them kindness? Why or why not?**

4. What would it take for you to show more kindness:
    - **In your home?**
    - **At work?**
    - **At school?**
    - **In public?**

Spend some time thanking God for His kindness shown to you; ask Him to help make your character reflect Him more!